

Respected Brother/Sister

Vijayawada

A Program

for IAS Officers and senior Officers was conducted at Andhra Pradesh Secretariat on the Theme Diluting Stress & Worklife balance .

Nearly 100 members participated in the program. It was the First program in the New Capital Amaravati of Andhra

Pradesh by BrahmaKumaris

Asha Didiji from NewDelhi motivated all the officers and given spiritual tips to reduce stress.

Kuldeep Didi,Vamshi Bhai from Hyderabad,Sis.Savita from Warangal,
Sisters Shanta and Padmaja from Vijayawada participated in the program
Everyone enjoyed the program and requested to do these type of programs frequently.

Thanks to Bapdada for giving us an wonderful opportunity

In Baba's yaad

BK.Shanta

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