3<sup>RD</sup> International Day of Yoga organized by the Assistant High Commissioner of India , Kandy 20/06/17 from 8.30 am - 10.00 am at the New Sports Complex of the Central Provincial Council, Digana



Members of Brahma Kumaris Raja Yoga Centre, Kandy welcoming the chief guest for the mega event Her excellency the governor of central province Mrs.Niluka Ekanayake, Guest of honor Chief minister Sarath Ekanayake, Assistant High Commissioner of India, Kandy Miss.Radha Venkataraman and other guests.





VIPs, IPs and members of the Raja Yoga Centre, Kandy & Matale

Welcome by Miss.Radha Venkataraman

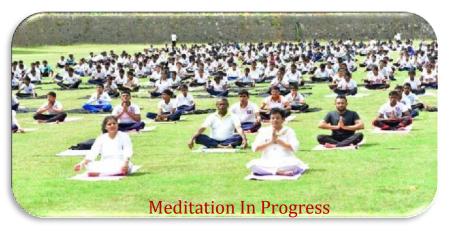


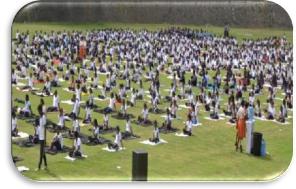
Address by the Chief Minister

The 3<sup>RD</sup> International Day of Yoga is launched by the Governor & Chief Minister



Yoga aasanas were conducted by expert yoga teachers for an hour followed by Brahma Kumaris Raja Yoga Meditation Experience





2100 Participants took benefit.

Principals, teachers and students of most of the schools in the region attended the event in addition to the public.

Provincial council secretaries and some other officials too attended the program

The focus of the event was to bring awareness in the youth about healthy body and healthy mind.

Introduction of the Brahma Kumaris World Spiritual University was given by the sisters in Sinhala and Tamil followed by meditation experience in both languages with live commentary & gentle music.



Every participant received a Brahma Kumaris blessing card









## THE AHC, AHC'S OFFICIALS, BRAHMA KUMARIS

VIPS & IPS REJOYCING READING THEIR BLESSING CARDS.





2<sup>nd</sup> Event

3<sup>RD</sup> International Day of Yoga organized by the Assistant High Commissioner of India , Kandy Held on 21/06/17 from 8.30 am – 10.00 am at the Kandy City Centre near the Kandy lake



YOGA A S A N A S



Kandy lake and Sri Dalada Maligawa the most venerated Buddhist temple









175 took part in this event and blessing card was distributed by 3 sisters to all





Rev.Theros appreciated the meditation experience and had a discussion about Raja Yoga.



Guests of honor Rev.Malepitiye Wimalakitiy Chief priest of Wijayasunderamaya,Asgiriya

Rev.Atipola Mangala Chief priest of Raja maha



Both the priests invited the Brahma Kumaris to visit their respective temples to teach and conduct meditation on poya days for the benefit of pilgrims.



The Guests of honor, Assistant High Commissioner Miss.Radha Venkataraman, Brahma Kumaris and some of the yoga enthusiasts.